# **Psychology Internship Program**



Milwaukee VA Medical Center
Director, Psychology Training Program (695/MH-Admin)
Mental Health Division
Milwaukee, WI 53295
414-384-2000, extension 41672
http://www.milwaukee.va.gov/

MATCH Number: 163411 Applications due: November 10

# Accreditation Status

The doctoral internship at the **Milwaukee VA Medical Center** is fully accredited by the Commission on Accreditation of the American Psychological Association

Office of Program Consultation and Accreditation American Psychological Association 750 First Street, N.E. Washington, DC 20002-4242 Phone: (202) 336-5979

The next site visit will be during the academic year 2022.

# Stipend and Benefits

The internship is scheduled to begin on August 22, 2016

The current stipend is \$24,801.

Interns receive 13 days of annual leave and up to 13 days of sick leave per year. In addition, excused absence is typically granted for professional activities such as attendance at conferences or workshops. There are also 10 paid federal holidays.

Interns are eligible for health insurance at the same rates available to other full-time federal employees.

# **Application & Selection Procedures**

A candidate for an internship must be a U.S. citizen currently enrolled in an APA-approved graduate program in clinical or counseling psychology. All basic coursework for the doctorate should be completed prior to the internship year. Preference will be given to applicants with more extensive previous practicum experience. This VA Center in its commitment to Equal Opportunity Employment and Affirmative Action encourages applications by minorities, women and handicapped persons.

In reviewing applicants to the program, we look for candidates with prior training and relevant practicum experience in both assessment and psychotherapy whose interests and career paths are consistent with the training options offered here. To be considered for our program, the experience reported on your application (AAPI Online) must include a minimum of 400 intervention hours and 50 assessment hours. Applications are reviewed to ensure that a sufficient number of these hours have been obtained in settings and with client populations that would provide adequate preparation for our program. Applicants are expected to have experience with adults, with at least some of that experience in sites where they have worked with patients with serious psychiatric and/or medical issues. Applicants whose experience has been largely with children and adolescents, for example, would not likely receive strong consideration nor would those whose experience with adults has been too restricted in scope to provide

adequate preparation for experience here. Relevant research experience is a factor in selection, though relevant clinical experience is typically weighed more heavily.

All application material should be submitted through the on-line APPIC online application process. The following application material is required:

- The APPIC Application for Psychology Internship (AAPI Online)
- A vita or resume that describes the nature and extent of your previous clinical experience
- A graduate transcript
- Three letters of recommendation.

Application Deadline: All materials must be received by November 10

## Please send requests for further information to:

James D. Hart, Ph.D. Director, Psychology Training Program Mental Health Division VA Medical Center (695/MH-Admin) Milwaukee, WI 53295 414-384-2000, extension 41672

e-mail: jim.hart@med.va.gov

*Interviews:* Not all candidates will be invited to interview. You will be notified no later than December 15 if you are going to be invited to interview. A schedule of available interview dates will be provided at that time.

# **Psychology Setting**

There are currently 44 full-time and 5 part-time psychologist positions at the Medical Center. The Milwaukee VA medical center is organized into large interdisciplinary patient care divisions. Most staff psychologists are appointed within the Mental Health Division, though two have appointments within the Spinal Cord Injury Division and one in the Primary Care Division. One of the Co-Managers of the Mental Health Division is a psychologist. In addition, the Lead Psychologist, three psychologists who serve as program managers and the Director of Training serve on the Mental Health Division Leadership team. Many of the staff psychologists hold faculty appointments at the Medical College of Wisconsin. Services are provided throughout the medical center. Psychologists are assigned to: Acute Mental Health Unit, Mental Health Outpatient Clinic, Emergency Department, Domiciliary Residential Rehabilitation Programs, Substance Abuse Residential Rehabilitation Treatment Program, Individualized Addictions Consultation Team, Neuropsychology, Poytrauma Clinic Support Team, Primary Care, Spinal Cord Injury Unit, Physical Medicine and Rehabilitation Unit, Pain Clinic, Community Living Center, Palliative Care Unit, Home Based Primary Care Program, Vet's Club, Health Promotion Disease Prevention program, Women's Clinic, and the Community Resource and Referral Center. Psychology staff and trainees have also been actively involved in providing consultation and treatment in other areas. A comprehensive range of psychotherapy, assessment, and consultative services is provided. Staff psychologists are also involved in a variety of research and program evaluation activities. All areas in which psychologists are involved can provide training opportunities.

The Psychology Training Program provides postdoctoral fellowship training, doctoral internship training and practicum experience. The doctoral internship program has been fully APA-accredited since 1978, and currently accepts 8 interns per year. Post-doctoral fellowship training in psychology has been offered since 1992, and has been fully APA-accredited since 2003. There are currently 10 fellowship positions. Practicum training is typically offered to 12-15 students from local university programs. Interns will also be exposed to trainees from a variety of other disciplines, as the Medical Center provides training to individuals in numerous medical specialties as well as nursing, social work, pharmacy and other health care professions.

# Training Model and Program Philosophy

The doctoral internship program operates within a scholar-practitioner model and is designed to prepare interns from clinical and counseling psychology programs for entry-level professional practice. The internship program requires interns to demonstrate competency in five broad areas: Ethics/Professional Behavior, Theoretical/Conceptual Skills, Psychological Assessment, Psychological Interventions, and Consultation/Team Treatment. The program is primarily experiential, with the supervisory process as the core of the training program. The supervisory process includes the opportunity to observe skilled psychologists practice their profession, opportunities for in-depth discussion of professional, theoretical, and ethical issues, and the benefits of receiving training from and having one's work evaluated by skilled, experienced clinicians. Recognizing the importance of scientific inquiry to professional practice, psychologists are expected to be aware of empirically validated procedures and current scientific evidence as it impacts practice, and to incorporate this information into the supervisory process as well. The presence of the Psychology Journal Club, intern seminars, and other continuing education activities throughout the medical center, further contribute to the integration of science and practice. The intent of the program is to produce scientifically-informed practitioners, with the ability to think critically about the relevant theoretical and empirical literature and to creatively apply these findings to clinical practice.

The basic philosophy of our program is to provide the maximum flexibility in allowing interns to develop those interests and abilities which best prepare them for the career specialty of their choosing. We attempt to offer a wide variety of experiences, both to provide a well-rounded program for students who require a basic grounding in many areas of professional psychology and also to provide opportunities for specialization for those interns whose experience and career interests make this the preferred option. It is recognized that a one year training sequence provides an insufficient opportunity for in-depth training in all areas of professional practice. Consequently, our program emphasizes an approach that acquaints the intern with various options at the beginning of the internship year and allows considerable flexibility in tailoring an individual program from them.

# **Program Goals & Objectives**

#### **Core Competencies:**

Ethics/Professional Behavior: Interns are expected to be responsible and accountable and to demonstrate knowledge of and behavior consistent with APA ethical guidelines, VA policy, and relevant statutes. They are expected to demonstrate the ability to self-reflect and self-monitor, be aware of the limits of their own competency and to seek appropriate consultation and/or make appropriate referrals when necessary. They are expected to maintain appropriate relationships with supervisors, peers, support staff, and members of other professional disciplines. They are expected to demonstrate an understanding of and respect for human diversity, including knowledge of cultural and other diversity issues and how these affect needs in the clinical setting, and awareness of their own cultural background and how this affects psychological work. Interns will also maintain timely and appropriate records and documentation consistent with professional and organizational standards.

Theoretical/Conceptual Skills: Interns are expected to develop an appropriate theoretical/conceptual foundation for understanding behavior, to be able to integrate relevant data into a meaningful and coherent conceptualization; and to develop strategies or interventions based on this conceptualization. They are expected to use knowledge of the empirical literature to inform decisions regarding assessment and/or treatment planning and delivery, while recognizing those clinical situations in which research evidence is not clear in guiding assessment and/or treatment. Interns are expected to demonstrate knowledge of the common effects of biological factors, medical ailments and medications on cognition and behavior. Interns are expected to demonstrate knowledge of formal diagnostic categories and to apply them appropriately.

**Psychological Assessment:** Interns will demonstrate knowledge of empirical support for procedures employed in psychological assessment. They will demonstrate skill in diagnostic interviewing, observing behavior, and selecting appropriate psychological tests as indicated. Interns will demonstrate the ability

to adapt assessment approaches to the needs of special populations or culturally diverse patients when necessary. Interns will demonstrates the ability to effectively evaluate, manage and document patient risk, assessing immediate concerns such as suicidality, homicidality, and other safety issues. Interns are expected to be able to integrate all data in a clear and coherent fashion, and to prepare written reports that provide clear and useful information. Interns are also expected to demonstrate the ability to effectively plan and carry out a feedback interview.

**Psychological Interventions:** Interns are expected to integrate science into practice, demonstrating knowledge of empirical support for any psychological intervention procedures employed, implementing evidence-based interventions, developing appropriate treatment goals and plans, evaluating the outcome of interventions, and adapting interventions to the needs of special populations and culturally diverse populations. Interns are expected to have the ability to establish effective working relationships with clients, to be aware of and make use of process and interactional factors in the relationship, and to respond appropriately in crisis situations with clients.

**Consultation/Team Treatment:** During the course of the internship year, interns are expected to develop an understanding of the team treatment process, including both the role of the psychologist and the role of the other disciplines on the multidisciplinary team. Interns are expected to be able to communicate effectively with other members of the treatment team, make appropriate contributions to the team treatment process, and to respond to consultation requests in a timely and appropriate manner.

# Program Structure

We offer a flexible training experience which typically has no required rotations. A rotation can be of any length and duration that is mutually agreed upon by the intern and the supervisor. During the first two weeks of the internship year, an orientation sequence is provided. At this time, interns meet with each staff psychologist and become familiar with the available training options. Following the orientation sequence, interns select those training areas they wish to emphasize. Although interns select rotations, there is the expectation that the selected training experiences will be sufficiently broad to include theories and methods of diagnosis and intervention, consultation, and relevant issues of cultural and individual diversity. To successfully complete the internship, interns must demonstrate competency in all required core competency areas. These expected competencies are discussed with interns during the orientation process, and are carefully considered in the development of individualized training plans. These plans are meant to provide guidelines for professional development, and are discussed and revised as necessary in the course of the training year. Since the program varies from one intern to another, it is neither possible nor appropriate to give percentage values for various content areas. There are no fixed requirements, and formal rotational systems are adopted only when dictated by limitations in time, space, or the availability of supervision. Most areas in which training is offered allow some flexibility in both the length of time that the experience will last (the minimum is typically 3 months), and in the amount of time per week that the experience requires. Typically, interns will participate in 2-4 major training sequences (i.e. within a particular unit on at least a half-time basis for a period of 3-6 months), as well as devoting time to several of the activities that may involve lesser time commitments. Interns typically devote a minimum of 12-15 hours per week to direct patient care activities. To leave sufficient time for other learning activities, the amount of direct patient care activities should not typically exceed 20 hours/week.

The program requires that each intern have at least two primary supervisors during the course of the year, though typically interns have elected to receive supervision from more than two supervisors. In most cases, the intern selects his/her supervisor rather than having them assigned. The emphasis is on individual supervision, though there is a weekly group supervision session for all interns conducted by the Director of Training. Interns receive a minimum of four hours of supervision each week, including at least two hours of individual supervision. The majority of the supervision is case discussion, though supervisors sometimes directly observe the intern's work and on many rotations interns and supervisors have opportunities to work together (e.g. co-leading groups). Supervision is typically more intensive at the beginning of the training year and becomes less so as the intern demonstrates the expected levels of competence. Interns typically act with greater autonomy and take on a wider variety of experiences as

the year develops. Supervisors document and evaluate intern performance on a standard form that includes ratings for the various core competencies, and can be modified to include specific training goals. Interns typically receive written evaluations quarterly, though since the length of training rotations varies there are sometimes slight variations from one intern to another.

# Training Experiences

## **Clinical Training Settings:**

## Inpatient Mental Health/Detoxification Unit

The Inpatient Mental Health/Detoxification Unit is a locked 34-bed unit that provides treatment to patients with acute psychiatric and alcohol and other substance abuse problems. Patients are typically admitted for suicidal or homicidal ideation, active psychosis, inability to care for themselves and/or active substance intoxication/withdrawal. The length of stay averages 5 days with a range from 1-30 days. Due to the relatively short length of stay, the unit emphasizes assessment, crisis intervention, and arranging appropriate follow-up. Groups conducted on the unit utilize supportive therapy, cognitive-behavioral and problem-solving approaches. There are also psycho-educational video groups with discussion sessions. An intern on this rotation may serve as a team member provider for individual patients, provide both individual and group therapy, complete psychological assessments (MMPI-2-RF & MCMI-III), write integrative reports, and participate in team treatment planning and consultation. Interns may initiate psychotherapy while patients are on the unit, and continue working with them as they move on to outpatient or aftercare settings. To participate fully in this rotation, interns should expect to devote 25 hours per week for a minimum of 3-4 months. This would allow a range of assessment, individual and group therapy, and consultative activities. Lesser time commitments can be negotiated for those with more limited training goals, however, a commitment of at least 8-15 hours per week for a period of 3 months would be expected. Dr. Jamie Noffsinger is the supervisor in this area

### Individualized Addictions Consultation Team (I-ACT)

I-ACT provides substance abuse disorder assessment and treatment services to Veterans who are not able to participate in standard abstinence-based treatments. This may be because of their specific treatment needs (i.e. they are requesting a harm-reduction approach), or because they cannot participate in standard substance-abuse treatment due to cognitive problems, medical/functional comorbidities, or mental health comorbidities. The emphasis is on bridging the gaps in the continuum of care and increasing access to Veterans who may otherwise not receive needed addictions services. The I-ACT team consists of a psychologist and a social worker. The team is based in the domiciliary, but sees patients at several locations in the Medical Center. Patients can be seen at bedside in the hospital, in an outpatient setting, and/or while they are enrolled in a residential treatment program. Various treatment approaches are employed including abstinence-based approaches, harm reduction, motivational interviewing, and cognitive-behavioral therapy in individual and group modalities. Dr. Sarah Keating is the supervisor in this area.

### Dialectical Behavior Therapy (DBT) Consultation Team

The Dialectical Behavior Therapy Consultation Team is an interdisciplinary treatment team providing DBT informed services to Veterans diagnosed with Borderline Personality Disorder and other disorders of emotional dysregulation. The ultimate goals of the DBT Consultation Team are to deliver DBT informed services across mental health settings, provide staff education to increase effectiveness and empathy in working with Veterans with Borderline Personality disorder and disorders of emotion dysregulation, and to work toward building a comprehensive DBT program. Currently, our setting offers a comprehensive DBT program, as well as various DBT informed services in acute, outpatient and residential settings, a DBT informed aftercare group, and the DBT consultation team. Interested interns would have the opportunity to participate in all DBT informed services offered as well as program development and staff education. For most interns, this is a part-time rotation involving 5-8 hours per week for a minimum of 6 months. Drs. Beth Shaw and Amanda Gregas provide the supervision in this area.

## **Operation Hope**

Operation Hope is a coalition of Psychosocial Rehabilitation programs for Veterans diagnosed with Severe Mental Illness, who experience serious and/or persistent functional impairment. These programs are founded on the understanding that people with significant mental health disabilities can, and do, overcome the limitations of their illnesses and associated stigma, and can successfully find selfdetermined, valued roles in the community of choice. Veterans are actively involved in the direction of care; services are individualized and person-centered; individual strengths are identified and utilized; with a holistic rather than a symptom-focused approach. Included in Operation Hope is the Evidence Based Psychosocial Rehabilitation and Education Program (EB-PREP). EB-PREP provides group treatment based on the Social and Independent Living Skills training program of the UCLA Clinical Research Center for Schizophrenia and Psychiatric Rehabilitation as well as the Bellack et.al. Social Skills Training Model. Social and independent living skills are taught in an accepting, safe, small group environment. Role playing, structured problem-solving, and multi-modal exercises are employed with an emphasis is placed on positive feedback and overlearning. The Veterans Recovery Resource Center (VRRC) provides person-centered recovery planning, psychoeducational groups, wellness classes, brief therapy, peer support services, and community inclusion initiatives to promote establishment of meaningful roles in the community of choice. The intern's involvement in psychosocial rehabilitation services may include practical problem solving, crisis resolution, adaptive skill building, and aiding Veterans in increased self-care and community inclusion activities. Training opportunities include facilitating psychoeducational classes, illness management courses, teaching evidence based skill development, offering wellness programming, developing personalized empowerment plans, conducting basic assessment, providing individual and group therapy, family education and therapy, supportive volunteering, case management, staff consultation, peer support supervision, interdisciplinary education, and program development. To participate fully in this rotation, interns should expect to devote 25-30 hours per week for a minimum of four months. Lesser time commitments can be negotiated for those with more limited training goals, though a minimum of 12 hours per week for three months is expected. Drs. Sandra Regan and Erin Williams provide the supervision in this area.

### Acute Mental Health - Emergency Department

Interns can receive experience in addressing Veteran's mental health concerns in the Emergency Department (ED). Interns electing this rotation would need to commit to alternate tours of duty that would involve some evening and/or weekend hours. A solution focused, crisis intervention approach is utilized, which involves collaborative care with psychiatrists, psychologists, social workers, nurses, advanced practice nurses, and other physician specialists. Collaboration may also involve working closely with the hospital administrator-on-duty, the VA police, and other community professionals to address issues such as civil commitment and homelessness. Opportunities are made available to develop triage skills for suicide/homicide assessment, emergency detentions, police holds for intoxicated patients, admissions for inpatient psychiatric treatment, and discharges from the ED to the community or domiciliary. Additionally, interns can assist in providing off-tour mental health consultation to medical units and to inpatient mental health staff. The time commitment for this experience would be 8-12 hours/week. Dr. Dyani Saxby provides the supervision in this area.

## Mental Health Outpatient Clinic

The Mental Health Outpatient Clinic allows the opportunity to provide a variety of assessment and therapy services to a diverse population. Interns may provide outpatient therapy to individuals, couples, families and/or groups. There is opportunity to work with veterans exhibiting a wide range of mood, thought and personality disorders. Modes of treatment may include individual, family and group psychotherapy with emphasis on utilization of evidence-based psychotherapies. Opportunities are available for both short-term and long-term therapy cases. An intern may see as many as 12-15 clients if this is his/her primary interest, or as few as 2-3 clients if he/she is heavily involved in activities in other areas.

Mental health outpatient care is patient-centered and consists of intake, assessment, and treatment of acute/chronic mental health conditions, including substance abuse treatment/aftercare, as well as coordination of care with other health care providers. The mental health care is delivered in the context of interdisciplinary teams comprised of psychologists, psychiatrists, social workers, nurse practitioners, nurses, internists, addiction therapists, occupational therapists, vocational rehabilitation therapists, and

recreation therapists. Supervised experience is available using cognitive-behavioral and other evidence-based approaches in both individual and group interventions. Supervision can be provided in various interventions designed to treat anxiety disorders including cognitive restructuring, breathing training, and progressive muscle relaxation. Supervisors are available who are trained and certified in various evidence-based procedures including: acceptance and commitment therapy, cognitive processing therapy, and cognitive behavioral therapy, Interns may also participate in program development including the development and implementation of new therapy groups. Potential supervisors in this area include: Drs. Cheryl Kinsman, Megan Olson, Beth Shaw, Sadie Larsen, Gregory Simons, and Shaun English.

Supervised experience in *LGBT Healthcare* is also available through the Mental Health Outpatient Clinic. Interested interns can co-facilitate the bi-weekly, Do Ask Do Tell (DADT) support group for Veterans who identify as lesbian, gay, or bisexual. There are also opportunities to provide LGBT affirmative individual and couples/family work, as well as assess and work with transgender Veterans seeking support and services for gender-transition. Additionally, through involvement in the employee LGBT Diversity Counsel, an interested intern can participate in activities offered throughout the year aimed toward increasing awareness of diversity among VA employees. At present this experience is available only as a minor rotation. Dr. Gregory Simons provides supervision in this area.

The Mental Health Outpatient Clinic offers Post-Deployment Mental Health Outpatient Services through the PTSD Clinical Team and OEF/OIF Outreach Team. This rotation would enable the intern with an interest in Post-traumatic Stress to specialize in work with this population. There are opportunities to work with specialized treatment of co-morbid PTSD and substance abuse disorders. Participation in weekly team meetings would be expected of all interns involved in the clinic, in addition to participation in a monthly trauma case conference. Assessment activities would include comprehensive clinical interviews, as well as the use of psychometric measures such as the PTSD Checklist (PCL), Beck Depression Inventory, MCMI, and others. Therapy interventions might involve use of multiple theoretical paradigms (e.g., psychodynamic, cognitive) including evidence-based practices such as exposure therapy, cognitive processing therapy, and cognitive-behavioral therapy. Group therapy experience would include utilizing a cognitively-based, recovery-oriented time-limited model. Cognitive, psychodynamic, and interpersonal perspectives are utilized to inform case formulation and treatment planning. To fully participate in this clinic, a commitment of 20-30 hours/week for a period of 6 months is recommended, though lesser time commitments are possible for those with more limited training goals. Supervisors in this area include Drs. Patrick Martin, Catherine Coppolillo, William Lorber, Christina Hove, Mindy Marcus, Shauna Fuller, David Baruch, and Matthew Vendlinski.

The **Suicide Prevention Team** consists of psychologists and social workers who facilitate the identification and monitoring of Veterans at elevated risk for suicide, and implement clinical interventions to reduce risk and prevent suicide. This rotation provides a wide variety of training experiences that permit an intern to become familiar with interventions aimed at Veterans at high risk for suicide, including the opportunity to become involved in a variety of groups. These include: ongoing, drop-in support groups for Veterans struggling with suicidal thinking; short-term groups teaching practical problem solving skills; a group based on situational analysis, an intervention used in Self-Control Regulation/ Interpersonal Psychotherapy (SCRIPT), a group based on the Collaborative Assessment and Management of Suicidality, a PTSD/Suicide prevention group, and an aftercare group to provide support to those who have lost an important person in their life to suicide. In addition to providing assessment and both individual and group interventions, the suicide prevention team also provides consultation to other providers, follows up on crisis line calls, offers psychoeducation about suicide assessment and risk management, and engages in monthly outreach activities. To participate fully in this rotation, interns should expect to devote 25-30 hours per week for a minimum of 3 months. This would allow a range of assessment, individual and group therapy, and consultative activities. Lesser time commitments are available for those with more limited training goals. Dr. Gregory Simons provides supervision in this area.

#### Centralized Assessment Unit (CAU)

The Centralized Assessment Unit (CAU) combines psychodiagnostic and psychosocial assessment, psychological testing, and forensic psychology. Trainees have the option of completing assessments in any or all of the following areas. Mental health treatment providers may request a **Psychodiagnostic** 

Evaluation. Veterans with PTSD, anxiety and mood disorders, schizophrenia spectrum disorders, and other mental health conditions are evaluated to aid in clarifying diagnoses and to provide treatment recommendations. Completing Compensation and Pension Examinations for Veteran's who are requesting service- benefits provides an introduction to aspects of forensic psychology and importantly highlights the differences between clinical and medico-legal assessment. These integrated assessments combine an interview, psychological testing, and record review where examinations are concise reports directed towards a non-mental health, administrative, and legal audience. Pre-Transplant/Pre-Bariatric Surgery Evaluations are required to provide treatment teams with recommendations to assist veteran's through the transplant/surgery process. This includes a psychodiagnostic, psychosocial, and recommendations on a patient's candidacy for surgery. Recommendations are provided to the treatment team and to the Veteran. In collaboration with the VA Police Department Chief of Police and Employee Health, requests are made for *Police Evaluations*, including evaluations of candidate police officers, assessments of fitness for duty/carrying of a firearm, and annual mental health screens. While full police evaluations cannot be completed by interns, they can be involved in aspects of these evaluations as well as in collaborative training and liaison duties between mental health and law enforcement. The CAU rotations are designed to offer part-time training experiences for a minimum of 6 months. Drs. Allison Jahn and Jeffrey Garbelman provide supervision in this area.

## **Domiciliary Residential Rehabilitation Programs**

The domiciliary provides intensive six-week residential treatment to patients with psychiatric and/or other substance abuse problems. In addition to the general rehabilitation program (GEN), the domiciliary provides a PTSD Residential Treatment Program, the OEF/OIF/OND Postdeployment Transition Program, and the Substance Abuse Residential Rehabilitation Treatment Program (SARRTP).

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Veterans entering the *GEN Residential Treatment Program* are typically dually-diagnosed with a mood and/or thought disorder as well as addiction issues. The GEN program includes a separate Women's Program. GEN is a group based program including but not limited to the following: ACT for Depression, Cognitive Strategies, Emotion Management, Grief, Bipolar Support and Psychoeducation, ACT for Pain, Motivational Enhancement, Stress and Anger Management, CBT for Relapse Prevention, Seeking Safety, Family Dynamics and Intimate Partner Violence. To fully participate in this rotation, a time commitment of 20 – 30 hours per week for a period of 3-4 months is recommended. Drs. Michael Haight and Julie Jackson provide supervision in this area.

**OEF/OIF/OND Postdeployment Transition (03PTP)** is a six week domiciliary based residential treatment program that focuses on newly returning Veterans. The program addresses deployment related concerns and the transition from military to civilian life. Residents of the program are often struggling with substance abuse difficulties, traumatic stress, depression, family conflict, and other readjustment problems. All residents attend intensive psychoeducation and skill building groups during the course of treatment. Additionally, all residents participate in either individual or group cognitive therapy examining and challenging beliefs that developed during deployment. The program is primarily cognitive behavioral, and opportunities for group and individual therapy experience are offered. Training with evidence-based interventions is available for potential interns. Psychodiagnostic and personality assessment opportunities are also available. To fully participate in this rotation, a time commitment of 20 – 30 hours per week for a period of 3-4 months is recommended. Dr. Stephen Melka provides supervision in this area.

The PTSD Residential Treatment Program is a six-week, domiciliary-based residential treatment program for Veterans of all eras struggling with PTSD related to combat. The program provides active, trauma-focused treatment in a structured, residential setting. While all residents must have a primary diagnosis of PTSD related to combat stressors, co-morbid diagnoses such as depression and substance abuse are common. The program emphasizes group-based cognitive behavioral treatment, and incorporates elements of Cognitive Processing Therapy, Prolonged Exposure, Acceptance and Commitment Therapy, Seeking Safety, and Dialectical Behavior Therapy. Opportunities for gaining group and individual therapy experience are offered. Training with evidence-based interventions is also available. Interns interested in psychodiagnostic and personality assessment opportunities may also be

able to incorporate these activities into a rotation with the program on a limited basis. To fully participate in this rotation, a time commitment of 20 - 30 hours per week for 3-4 months is recommended. Dr. Sam Shepard provides supervision in this area.

The Substance Abuse Residential Rehabilitation Treatment Program (SARRTP) provides a 6-week residential biopsychosocial rehabilitation program for chemically dependent Veterans. This domiciliary-based program integrates cognitive behavior theory, motivational techniques, and 12-step philosophy. An emphasis is placed on building skills and developing a healthy community support network. Learning opportunities include case management, individual and group therapy, assessment, consultation, didactic teaching, and team treatment planning. The treatment team is an interdisciplinary treatment team (psychologist, social workers, addiction therapists, registered nurses, recreation therapist, occupational therapists, and kinesiotherapists). Specific duties and length of rotation are negotiable, though interns wishing to be involved in case management would be expected to make a minimum time commitment of 20 hours/week for 6 months. Dr. Lynn Servais provides supervision in this area.

## Community Resource and Referral Center (CRRC)

The Community Resource and Referral Center (CRRC) will be opening in 2015 to provide services to veterans who are homeless or at risk for homelessness. The clinic is located off-site in central Milwaukee within walking distance of other community agencies that also serve the homeless. The CRRC will provide access to a variety of VA services including mental health, substance abuse, and housing and employment assistance. Local community partners will be centrally located at the CRRC to provide access to additional services. Interns will have opportunities to provide psychological evaluation to assist in the identification of Veterans' needs, crisis resolution, individual and group therapy, care coordination, consultation, and program development/evaluation. Dr. Keyona Walker provides supervision in this area.

# Geropsychology / Geriatrics / Palliative Care

The core Geriatrics programs at the Medical Center include the 113-bed Community Living Center (CLC) which includes Long-Term Care, Geriatric Evaluation and Management Unit (GEM), Transitional Care and Palliative Care units. Within the past year, the medical center opened its first Green House, a 10-bedroom, homelike environment in which Veterans requiring skilled nursing case will be housed. Plans are in place to open three additional Green House Units. Finally, Vet's Club provides outpatient day programming for approximately 70 veterans. The Geropsychology/Palliative Care rotations provide the core experience for postdoctoral geropsychology and palliative care fellows in addition to providing training experiences for interns.

The CLC is a multidisciplinary geriatric facility that emphasizes interdisciplinary evaluation and rehabilitation. The CLC includes approximately 40 long-term care beds for Veterans with a variety of conditions, ranging from MS to dementia to chronic schizophrenia. Approximately 24 beds in the CLC are devoted to Palliative Care / Radiation Therapy, 10 beds comprise the GEM, and 22 beds are devoted to transitional (subacute medical) care, which addresses wound healing, post-surgical care, and complicated medical convalescence. The GEM is an interdisciplinary assessment and treatment unit that emphasizes rehabilitation. The primary objective is to promote maximal function for each patient within the least restrictive environment. Length of stay averages approximately one month. The unit provides therapy, determines optimal placement, and provides long-term follow-up care. Neuropsychological and decision-making capacity assessment and brief, bedside interventions are a primary focus. The Palliative Care Unit (PCU) provides end-of-life care for Veterans and their families. The PCU serves Veterans with end-stage diseases (>90% cancer) and those undergoing palliative radiation or chemotherapy but who expect to return home upon conclusion of treatment. Upon admission, each patient undergoes a comprehensive inter-professional evaluation focused on the patient's physical, emotional, social, and spiritual needs. Team members work daily in close collaboration among themselves and with the patients and their families.

All Geriatrics programs are committed to interdisciplinary teamwork and are primary teaching programs for a number of different disciplines. Multiple opportunities exist in the CLC in terms of experience (e.g., assessment, therapy, team consultation) and presenting issues (e.g., adjusting to disability, medical problems related to aging, terminal illness, behavioral management, caregiver support, etc.).

Weekly interdisciplinary team meetings are held within the various units. Additional meetings with staff and/or families are held as needed. Interns are expected to work closely with staff from a variety of disciplines and to contribute to the team process. There is a weekly Geriatrics Journal Club and a monthly Palliative Care Journal Club in which interns are invited to participate. There may be some opportunity to participate in on-going research projects in the Division of Geriatric Medicine. Also, there is the opportunity for collaboration with neurologists and geriatricians who staff the outpatient Dementia Clinic, which may include involvement in clinical and research activities as well as participation in weekly interdisciplinary case staffing rounds.

A number of different rotation options are available. Interns may do a full-time rotation for 4-6 months, which would provide experience in many aspects of Geropsychology and/or Palliative Care. More focused rotations are also available, as are longer rotations, e.g. 6-12 months, but for fewer hours per week (i.e. 6-8). Drs. Heather Smith and Nancy Krueger provide supervision in this area.

Geropsychology staff also conduct two groups in *Vet's Club* each week. Some interns have elected only to work with those groups, though there are also opportunities to provide staff consultation, brief individual therapy, and assessment. A minimum commitment of 3-4 months would be expected. Dr. Kristen Payne currently provides supervision in this area.

# Home Based Primary Care

The Home Based Primary Care team offers a range of primary care services to homebound Veterans with chronic medical illness. The team generally serves geriatric patients, but younger Veterans may be admitted as well. The program census includes approximately 230 Veterans, and all services are provided to patients in their homes. Typical diagnoses include dementia, diabetes, CHF, and COPD. Less common diagnoses include multiple sclerosis, Parkinson's Disease, and ALS. The majority of patients have psychiatric co-morbidities, such as depression, anxiety, bipolar disorder, substance use disorders, psychotic spectrum disorders and personality disorders. HBPC is an interdisciplinary PACT team that includes nurses, social workers, a dietician, a pharmacist, occupational therapy, two psychologists, and a physician medical director. Trainees will have the unique opportunity to observe and provide services to patients in their home environments. Interns may provide individual psychotherapy, complete psychodiagnostic and neuropsychological assessments, provide caregiver education and support, administer brief focused interventions (e.g., progressive muscle relaxation for anxiety), and serve as consultants to other HBPC team members regarding behavioral health issues. There will also be opportunities to provide staff in-services on mental health issues. Interns can expect to commit to approximately 10-15 hours a week for a period of at least three months in order to experience a full range of assessment, therapeutic, and consultative activities. Lesser time commitments can be arranged for those with more limited training goals, particularly if they wish to participate in HBPC as an adjunct to a geropsychology, neuropsychology, or palliative care rotation. Drs. Kristen Payne and Stacy Weber provide supervision in this area.

# Neuropsychology

Neuropsychology is primarily a consultation and diagnostic service. On this rotation, the intern will become proficient at administering neuropsychological tests and understanding how results from such testing relate to brain functioning and guide treatment planning. As a regional referral center, the neuropsychology clinic sees outpatients, domiciliary residents, and also geriatric, rehabilitation, medical-surgical, neurology, cardiac, and psychiatry inpatients. The caseload includes a wide variety of patients, ranging from recently returning soldiers to geriatric patients. Common referrals include: memory loss, evaluation of dementia, dementia vs. pseudodementia, closed head injury, executive functioning or personality changes, AD/HD, learning disabilities, demyelinating diseases, and seizure disorders. Competency and decisionality evaluations are also frequently requested. Records are reviewed prior to seeing the patient. Interviews are conducted at the beginning, after which a test battery is selected depending upon the referral questions and the patient's presentation. Geriatric assessments usually take a half-day; full batteries take one day. Patients are usually given feedback on their test results either in person or by telephone about a week after the assessment has been completed. The rotation in neuropsychology is designed to be a comprehensive experience. Initially the intern's existing skills are

assessed so that training may begin at the most appropriate level. Testing and scoring are practiced and the intern is evaluated for accuracy and adherence to testing protocols. After gaining some experience in record review and interviewing, interns receive training in test interpretation, diagnostic procedures, and report-writing. Interns rotating through Neuropsychology are expected to attend the bimonthly Introduction to Neuropsychology series, and bimonthly team meetings.

The neuropsychology service also provides consultation to various clinics including Multiple Sclerosis Clinic, Amyotrophic Lateral Sclerosis Clinic, Dementia Clinic and Movement Disorders Clinic. These clinics allow the intern to increase their knowledge about medical examinations, neurological exams, and neuroimaging through direct involvement with cases and treatment teams.

To participate fully in this rotation, interns should expect to devote at least 20 hours per week for a period of at least six months. This would allow a range of geriatric and adult assessments, including inpatient referrals. Lesser time commitments can be negotiated for those with more limited training goals. In general, however, a commitment of at least 12-15 hours per week for a period of at least four months would be expected. Drs. Eric Larson, and Kathleen Patterson provide supervision in this area. Plans are in place to hire two additional neuropsychologists later this year.

Those interns who wish to receive training and experience consistent with Division 40 and Houston Conference guidelines may devote 50% of their internship to neuropsychological rotations.

## Polytrauma Clinic Support Team

The Polytrauma Clinic Support Team (PCST) serves seriously wounded returning combat Veterans with polytrauma injuries and/or traumatic brain injury (TBI). The members of the PSCT are PM&R Physician, Psychologist, Neuropsychologist, Social Worker, Nurse Practitioner, Physical Therapist, Occupational Therapist, Speech Pathologist, and Physiatrist. A wide range of experiences is available on this rotation including neuropsychological and general psychological evaluations, neuropsychological rehabilitation, psychological intervention, learning to function within an integrated team, and program development. Training on this rotation is designed to help the intern develop an understanding of the evaluation of Polytrauma/TBI conditions, learn the resources available for Veterans for treatment of these conditions, and learn the factors that impact long term functioning (including PTSD and post-deployment stress). Interns will develop an understanding of the process by which TBI is assessed, an appreciation of the role of neuropsychological evaluation, and a working knowledge of the residuals of TBI. Interns may participate in neuropsychological rehabilitation using computer-based and non-computer based cognitive rehabilitation strategies and in psycho-education about post-adjustment stress and reintegration issues. Individual, group and family therapy opportunities are also available with this population. The current neuropsychologist assigned to this clinic is retiring later this year, but another psychologist will be hired prior to the next internship year and will be available to supervise psychological and neuropsychological assessment activities. Dr. Peter Graskamp provides supervision of the psychological interventions provided through this team.

# Spinal Cord Injury Service

The Spinal Cord Injury service provides a full range of care for four categories of patients with spinal cord injuries or illnesses: newly injured patients, who are admitted for acute care and rehabilitation, and typically stay for 2-4 months; patients briefly admitted (2-3 days) for their annual physical and psychosocial evaluations; patients admitted for treatment of ongoing illnesses and/or complications of their injuries, who may stay for many months; and outpatients. All rehabilitation patients are routinely referred for psychological evaluation and treatment, and many of the patients in the other categories may be referred or may request to be seen. A typical assessment would include an extensive structured interview, some objective personality assessment (MCMI, MBHI, etc.), and often a neuropsychological screening evaluation. Therapy typically falls into one of two categories: 1. Short-term, structured, usually cognitive-behavioral approaches to managing emotions, adverse health habit behaviors, or difficult interpersonal interactions, and 2. longer term, less structured, supportive care. A full rotation would involve 20 hours per week, for 3 - 6 months. Interns participate in team treatment planning meetings, sit in on patient education sessions, attend administrative staff meetings and attend bed rounds, as well as

conducting assessments, and being involved in treatment and staff consultation activities. Drs. Jessica Brundidge and Roger Williams provide supervision in this area.

# Comprehensive Integrated Inpatient Rehabilitation Program

This inpatient program provides both acute and subacute/extended physical medicine and rehabilitation services to patients with a wide variety of medical diagnoses. The rehabilitation team consists of the physiatrist, nurse, physical therapist, occupational therapist, speech therapist, dietician, social worker, and recreation therapist as well as the psychologist. Patients with orthopedic problems, such as joint replacements, fractures or amputations, typically have short stays on the unit (approximately 2 weeks), whereas patients suffering from stroke or other brain dysfunction and patients who are severely deconditioned due to multiple medical complications may stay for long durations (2-3 months). Interns provide brief psychological assessment that can include cognitive screening, address adjustment and coping of patients and significant others, and most importantly serve as consultants to team members. Interns can choose to organize and facilitate support groups for patients and families. The primary goal is to enable the patient to participate in physical rehabilitation as fully as possible. Interns can expect to spend 10-15 hours per week on this rotation for a period of 3-6 months. Dr. Nancy Krueger provides supervision in this area.

#### Women's Health

This is an outpatient training rotation for those interns who are interested in a focus on women's mental health and an integration of women's mental health and primary care. Psychological treatment interviews, individual psychotherapy, brief psychotherapy, consultation, and group psychotherapy are the most frequent services provided. Symptom checklists, screening tools and psychological testing may be completed to assist with treatment planning for evidence based treatments. Source of referrals most often are the Women's Health Primary Care Red Clinic, Mental Health Urgent Care Clinic, and Outpatient Mental Health Clinic. Most common reasons for referral are depression, sexual trauma, post-military adjustment, anxiety, emotional adjustment to physical disorder, and psychological factors affecting physical condition. Most of the female patients are women Veterans, but there may be some opportunities for treatment of female employees and wives of severely disabled service connected Veterans. Most patient care is provided in the intern's office or group therapy rooms at the Women's Resource Center (WRC). Opportunities to provide services via Clinical Video Telehealth (CVT) to the patient's home are also available Opened in March 2012 in a separate building adjacent to the main hospital, the WRC is dedicated solely to women's health care, and offered as an alternate space to women who prefer a more private space to receive their mental health care. Interns have the opportunity to co-lead established women's evidence-based therapy groups and/or to develop women's group educational and discussion sessions of focused topics in women's group treatment.. Women's health topics with a health psychology focus are encouraged. Interns are expected to commit 8 to 10 hours per week for a period of least 4 to 6 months, though more limited rotations of 3 to 4 hours per week in ongoing, evidence-based group therapy for sexual trauma, or depression may also be available. Dr. Colleen Henkel provides supervision in this area.

## Primary Care/Mental Health Integration Team (PC-MHI)

The goal of the PC-MHI team is to assist Primary Care providers in managing common mental health concerns while facilitating referral to specialty mental health treatment when indicated. The team provides brief assessments and short-term follow up for primary care patients with a range of presenting problems, including mild-moderate depression, mild-moderate anxiety disorders, insomnia, subsyndromal PTSD, alcohol misuse, and behavioral health concerns (e.g., weight management, medical treatment adherence). Brief cognitive assessment and capacity evaluations are also provided. Sameday access is emphasized, and patients are frequently seen on a walk-in basis or as a warm hand-off directly from another Primary Care provider. Interns may have the opportunity to provide brief assessment (both scheduled and walk-in), brief evidence-based psychotherapy (with an emphasis on CBT, Focused Acceptance and Commitment Therapy, Motivational Interviewing, and Problem-Solving Therapy), referral management, brief cognitive and/or decisionality assessments, and collaboration with other team members on patient treatment plans. Dr. Alison Minkin provides the supervision in this area. An additional psychologist in primary care will be joining our staff later this year and this is expected to increase the available training opportunities.

## Pain Self-Management and Rehabilitation

This outpatient mental health service offers a rehabilitative, behavioral approach to chronic pain management. The program provides comprehensive evaluations, a psychoeducational class (the Chronic Pain Education Class), and evidence-based interventions including cognitive-behavioral therapy for chronic pain, acceptance and commitment therapy for chronic pain, and relaxation training. Treatment is primarily group-based and structured with emphasis on skill development. Interns would have the opportunity to co-facilitate the Chronic Pain Education Class, to provide assessments, and to gain experience in co-facilitation treatment groups. At present this experience is available only as a minor rotation, requiring 6-12 hours per week for a period of 3-4 months. Dr. Rebecca Mayor provides the supervision in this area.

### Health Promotion Disease Prevention (HPDP)

The HPDP program has been established in the Primary Care Division to provide comprehensive health education, clinical services, and support for self-management of health-related behaviors. The psychologist who serves as the Health Behavior Coordinator takes part in program development and evaluation activities, provides staff training in patient-centered communication skills (e.g., health coaching & motivational interviewing), participates in facility-wide wellness event-planning, and contributes to the promotion of national health and wellness messages via a local communication campaign. Interns will have the opportunity to participate in program development and staff training activities as well as gaining clinical experience including behavioral health consultation to enhance individual and group medical visits, Interns may have the opportunity to gain experience in group clinical intervention/psychoeducation programs for weight management and tobacco use cessation. Administrative experience via the HPDP committee is also available. At present this experience is available only as a minor rotation, requiring 6-8 hours per week. Dr. Theresa Drewniak provides the supervision in this area.

# Organizational Development

Opportunities are available to participate in organizational development efforts throughout the medical center and the VISN 12 hospital network. Activities include staff education and training in communication skills and formal organizational development/team building activities on a specific unit or team. Consultation requests for organizational development assistance come from various facility programs, including acute care, nursing education, and extended care. Interventions typically consist of interviews of staff and managers, report write-up of findings including recommendations, and assistance with implementation of interventions to enhance team functioning, including didactic sessions, facilitation of meetings, teamwork seminars, workshops, and management coaching. Other opportunities include teaching self-interpretation of assessment results for the Milwaukee Leadership Development Program. and providing training to other VA sites in VISN 12 on the evidence-based Supported Employment Fidelity Scale and assisting with the fidelity survey preparation and evaluation of this evidence-based practice. The time commitment is quite flexible and depends on the project(s) selected for involvement. An organizational development project would likely require an average time commitment of 2-4 hours per week for the duration of the project (typically 3-4 months). Involvement in staff education or coaching efforts would likely involve a bigger block of time for 2-4 weeks. Drs. Heather Smith and Theresa Drewniak can provide supervision in these activities.

### Administrative Rotations

A number of opportunities are available to interns interested in administration. Training faculty includes a psychologist who serves as a Division Manager, three psychologists who serve as program managers, as well as the Lead Psychologist and the Director of Training. All can provide the interns with training opportunities.

# Research Opportunities:

Many interns devote a portion of their time to completing dissertation research. There are also opportunities to participate in ongoing research projects. There are currently ongoing research programs within the Post-Deployment Mental Health program, the OEF/OIF/OND Postdeployment Transition Unit, Geropsychology/Geriatrics, and in Neuropsychology. Program evaluation studies are also ongoing in a number of treatment programs.

### Other Activities:

There are a variety of other training experiences that do not involve assignments to particular treatment units. Interns have provided employee education groups through the Employee Assistance Program, for example, and they have also been involved in teaching medical students. Interns have also had opportunities to gain experience in program evaluation and organizational development activities. VA regulations also allow interns to spend up to complete one-sixth of their training in off-station placements.

In addition to their clinical activities, interns spend several hours per week attending seminars or other educational activities. The weekly Psychology Seminar series typically includes presentations on professional ethics and professional development, presentations on issues of particular relevance to the VA population, evidence based approaches to assessment and intervention, and issues of diversity including discussions of ethnic, cultural and gender issues. Cases studies are presented by interns, postdoctoral fellows and psychology staff, with the expectation that the presentations will include information on the evidence supporting the assessment or interventions employed as well as addressing diversity issues. In addition to our own program, trainees are able to attend various continuing educational activities of the Medical College of Wisconsin. Among the major areas of interest are the conferences held in psychiatry, neurology, physical medicine and rehabilitation, gerontology, and clinical pharmacology. Other affiliated institutions also sponsor frequent workshops and presentations, and colloquia are often sponsored by both Marquette University and the University of Wisconsin-Milwaukee.

# Requirements for Completion

Each clinical supervisor rates intern abilities in the core competency areas on the Intern Evaluation form. These issues are also discussed by the training faculty in the monthly reviews of intern performance. At the conclusion of the internship, the Director of Training prepares a final Intern Evaluation Form that provides a composite summary of supervisor ratings and comments. To successfully complete the internship, the intern must have achieved an overall rating of "Competent for entry-level practice" in the core competency areas of Bioethics/Professional Behavior, Theoretical/Conceptual Skills, Psychological Assessment, Psychological Interventions, and Consultation/Team Treatment.

# Facility and Training Resources

Each intern will have a private office, equipped with a computer work-station to access the hospital's computer system and to provide word-processing capability. Interns also have online access to MedLine and PsychInfo, A personal computer with statistical software is available for use in analyzing research data. The Medical Center maintains a medical library with more than 9,000 volumes and subscriptions to more than 500 periodicals. The Library has ample literature search programs and an interlibrary loan section. The intern will also have access to the Library of the Medical College of Wisconsin with more than 76,000 volumes and 2,700 subscriptions. The libraries at Marquette University and the University of Wisconsin-Milwaukee are also available.

# Administrative Policies and Procedures

Interns have the same options available to other VA employees including the station's Equal Employment Opportunity and Affirmative Action programs. Comprehensive policies and procedures for addressing performance problems and intern grievances are contained in the internship training manual that each intern receives during their initial orientation to the program.

It is expected that interns will differ in the extent to which they require training in the expected competencies. It is further expected that there may be instances where an intern's behaviors, attitudes, or other characteristics impact the learning process, relationships with others, and/or patient care. These issues are typically addressed in supervision.

# Training Staff

## **Program Director:**

*James D. Hart, Ph.D.* (University of Wisconsin-Madison, Clinical Psychology, 1970). <u>Director of the Psychology Training Program:</u> Administrative responsibility for the doctoral internship program, postdoctoral fellowship program, and practicum program. Provide group supervision to doctoral interns and postdoctoral fellows.

<u>Theoretical Orientation:</u> Integrative, primarily behavioral and cognitive-behavioral <a href="Interests: Training and supervision">Interests: Training and supervision</a>, program development and program evaluation <a href="Academic Affiliation: Associate Professor">Academic Affiliation: Associate Professor</a>, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

# **Training Staff:**

**David E. Baruch, Ph.D.** (University of Wisconsin-Milwaukee, Clinical Psychology, 2014). Outpatient Postdeployment Mental Health/PTSD Clinical Team: Provides individual and group psychotherapy, supervision of psychology interns, and psychological assessment. Dr. Baruch joined our staff upon completion of his posdoctoral fellowship in post-deployment mental health.

**Bertrand D. Berger, Ph.D.** (University of Wisconsin-Milwaukee, Clinical Psychology, 1992). <u>Division Manager, Mental Health:</u> Manager of all mental health programs at the Milwaukee VA Medical Center. This includes supervisory authority over approximately 380 faculty and staff. <u>Academic Affiliation:</u> Assistant Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

Jessica Brundage, Ph.D. (Marquette University, Counseling Psychology, 2009).

Spinal Cord Injury (SCI) & Disorders: Provide diagnosis and treatment recommendations to enhance adjustment, self-management, and adherence for Veterans admitted to the SCI center for rehabilitation, acute medical needs, and respite. Complete annual evaluations to screen for emotional, behavioral, and cognitive concerns. Conduct time-limited, evidence-based psychotherapy and perform cognitive and personality assessments. Deliver educational programs to Veterans, employees, and trainees. Provide clinical supervision to psychology fellows, interns, and practicum students. Provide Employee Assistance Program counseling services.

<u>Theoretical Orientation:</u> Integrative, drawing heavily upon cognitive-behavioral approaches, motivational interviewing, and interpersonal techniques

<u>Interests:</u> Rehabilitation psychology, adjustment to disability, health behavior change, stress and coping, nonadherence to treatment regimens, grief and loss, supervision

Certifications: Cognitive Processing Therapy for PTSD, Cognitive Behavioral Therapy for Depression

Catherine Coppolillo, Ph.D. (Marquette University, Clinical Psychology, 2006).

Outpatient Postdeployment Mental Health/PTSD Clinical Team: Provide individual, couples and group psychotherapy to Veterans from the Iraq and Afghanistan wars and their families. Serve as major preceptor for the Post-Deployment Mental Health post-doctoral fellow and provide clinical supervision to interns and practicum students. Provide outreach services through the OEF/OIF Connection Team, visiting National Guard and Reserve units to represent the VA and assist Veterans in accessing services. Provide psychoeducational programming on Veterans' issues to community organizations.

<u>Theoretical Orientation:</u> Integrative, drawing heavily upon interpersonal, psychodynamic and cognitive-behavioral traditions

<u>Interests:</u> Treatment of PTSD and complex PTSD, effects of childhood trauma and neglect, gender identity issues, supervision

Certifications: Prolonged Exposure for PTSD

Theresa A. Drewniak, Ph.D. (Indiana State University, Counseling Psychology, 2000). Health Behavior Coordinator: Train, guide, mentor, and support healthcare team members who provide health behavior self-management to patients utilizing the courses "Patient Education: TEACH for Success," and "Motivational Interviewing." Provide coaching to clinicians to enhance their skills. Provide clinical services in shared medical appointments to patients in the weight management program. Plan, develop, adapt, implement and assess efficacy of health behavior interventions for the promotion of general health and to address health risk behaviors as part of disease prevention and chronic disease management in close collaboration with the Health Promotion/Disease Prevention Manager and others. Interests: Leadership development, organizational development

**Shaun English, Ph.D.** (Marguette University, Clinical Psychology, 2012).

Outpatient Mental Health Clinic/Outpatient Geropsychology Clinic: Provide individual and group psychotherapy to patients with a wide range of diagnoses. Facilitate evidence-based treatment groups for domestic violence offenders, anxiety management, and bipolar disorder psychoeducation. Theoretical Orientation: Cognitive-Behavioral, Problem Solving Training techniques, Interpersonal Interests: Outpatient individual and group psychotherapy, Geropsychology, brief evidence-based treatment, coping with loss and grief, Neuropsychology

Academic Affiliation: Adjunct Faculty Member, College of Professional Studies, Marquette University

Shauna Fuller, Ph.D. (Marquette University, Counseling Psychology, 2010).

Outpatient Postdeployment Mental Health/PTSD Clinical Team: Provide individual and group psychotherapy, supervision of psychology interns and fellows, and psychological assessment. Theoretical Orientation: Integrative, drawing heavily upon Rogerian tenets, interpersonal process and existential components

<u>Interests:</u> Recovery from trauma in interpersonal contexts, treatment retention, supervision, common factors model

**Certifications:** Cognitive Processing Therapy for PTSD

Jeffrey L. Garbelman, Ph.D. (Indiana University, Counseling Psychology, 2007).

Compensation & Pension (C&P)/Centralized Assessment Unit (CAU)/VA Police Psychology Consultant: Complete C&P evaluations with Veterans claiming mental illness and impairment as a result of military service. Provide forensic opinions related to suicide, or potential suicide, claimed by Veterans' families due to military service/service-connected mental illness. Provide differential psychodiagnostic assessment and pre-surgical transplant and bariatric evaluations. Supervise interns. Provide employee evaluations and consultation for the Milwaukee VA Police Department.

<u>Interests:</u> Psychosocial measures of impairment with Veterans; personality disorder assessment and treatment; suicide risk assessment, treatment and the law

<u>Certifications:</u> Question, Persuade, Refer (QPR) Instructor, EMDR, Columbia Suicide Severity Rating Scale (CSSRS) Instructor, Crisis Intervention Training (CIT/CIP) Instructor

Peter Graskamp, Ph.D. (Marquette University, Clinical Psychology, 2006).

Polytrauma Interdisciplinary Team: Provide individual and group treatment to patients seen through the Polytrauma/TBI system of care, utilizing empirically validated treatments such as Cognitive Behavioral Therapy (CBT) for Insomnia. Provide clinical consultation to the TBI interdisciplinary team. <a href="https://docs.org/linearyteam/">Theoretical Orientation:</a> Cognitive-Behavioral Therapy, Family Systems Theory, Interpersonal Therapy <a href="https://docs.org/linearyteam/">Interests:</a> Trauma Psychology, rehabilitation, behavioral sleep medicine, supervision, interdisciplinary team consultation

Certifications: CBT for Insomnia

Amanda Gregas, Ph.D. (University of Wisconsin-Milwaukee, Counseling Psychology, 2009).

Acute Mental Health Program Manager: Management of five interdisciplinary clinical teams: Inpatient Mental Health Unit, Mental Health Urgent Care Clinic, Neuropsychology/Polytrauma Clinic, Emergency Department Psychology Consult Team, and Consult-Liaison Psychiatry Team. Provide evidence-based treatments, including Cognitive-Behavioral Therapy and Dialectical Behavioral Therapy (DBT), on the inpatient mental health unit. Conduct psychological/personality assessment to assist with differential

diagnosis and treatment recommendations. Facilitate DBT Skills groups for the treatment of personality disorders and substance use/abuse on an outpatient basis. Co-lead a weekly DBT Consultation Team. Theoretical Orientation: Cognitive-Behavioral, Existential

Interests: Severe & persistent mental illness, addictions, personality disorders, Dialectical Behavior Therapy, psychopharmacology

Academic Affiliation: Assistant Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

Michael L. Haight, Psy.D. (Florida Institute of Technology, Clinical Psychology, 2002).

Team Leader, General Treatment Team, Domiciliary Residential Rehabilitation and Treatment Program (DRRTP): Orient Veterans to the DRRTP, complete psychosocial assessments and recovery plans, and provide case management duties. Conduct individual and group therapy and personality assessment. Supervise practicum students, interns, and fellows, including serving as major prector for the Residential Rehabilitation fellow. Complete administrative duties as the Team Leader.

Theoretical Orientation: Acceptance and Commitment Therapy (ACT), Motivational Interviewing Interests: Residential rehabilitation, grief, ACT for pain, supervision

## Colleen Heinkel, Ph.D. (Marguette University, Clinical Psychology, 2008).

Women's Resource Center: Serve as psychology preceptor for the MCW/VA Advanced Fellowship in Women's Health. Provide individual and group psychotherapy to women Veterans with trauma and concomitant cognitive and physical health issues. Serve as Lead Clinician for the VA's Smoking Cessation Clinic and psychologist in the multidisciplinary Tinnitus Clinic. Provide services in the Women Veterans Primary Care Clinic.

Theoretical Orientation: Integrative, drawing heavily upon cognitive-behavioral approaches, motivational interviewing strategies, and interpersonal techniques

Interests: Rehabilitation psychology, adjustment to disability, health behavior change, stress and coping, non-adherence to treatment regimens, grief and loss, supervision

Certifications: Cognitive Processing Thearpy for PTSD, Cognitive Behavioral Thearpy for Depression, ISTSS Trauma Counselor, Red Cross Nationally Certified Disaster Psychologist, UW-Madison Biology of Aging

Academic Affiliations: Assistant Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin; Adjunct Faculty Member, Marquette University; Guest lecturer, UW-Madison

## Mary Christina Hove, Ph.D. (University of Cincinnati, Clinical Psychology, 2005).

PTSD/SUD Specialist, Outpatient Postdeployment Mental Health/PTSD Clinical Team: Provide individual and group psychotherapy to inpatient and outpatient Veterans specializing in the treatment of comorbid Posttraumatic Stress and Substance Use Disorders using Relapse Prevention (RP), Harm Reduction (HR), Acceptance and Commitment Therapy (ACT), Cognitive-Behavioral (CBT) Therapies, and Motivational Interviewing (MI), and Interpersonal Therapy techniques.

Theoretical Orientation: Cognitive-Behavioral, Interpersonal

Interests: Clinical--antecedent and consequential influence of substance use and trauma on daily functioning. Research--social and cognitive variables that contribute to the psychological, physical, and emotional consequences of trauma particularly as exacerbated by alcohol and drug use. Social and cognitive variables involved in etiology and prevention of addictive behaviors as a means of promoting individual and community health.

Certifications: Cognitive-Behavioral Therapy for Insomnia

## Julie Jackson, Ph.D. (Marquette University, Counseling Psychology, 2007).

Team Leader, Women's Program, Domiciliary Residential Rehabilitation and Treatment Program (DRRTP): Provide group and individual therapy for women Veterans residing in the DRRTP.

Complete administrative duties as the Team Leader. Supervise interns, fellows, and students.

Theoretical Orientation: Cognitive-behavioral

Interests: Dual diagnosis, health psychology, Acceptance and Commitment Therapy

Certifications: Cognitive Processing Therapy for PTSD

Allison L. Jahn, Ph.D. (University of Wisconsin-Madison, Clinical Psychology, 2011).

Outpatient Mental Health: Centralized Assessment Unit (CAU), Compensation & Pension, and Geropsychology: Conduct C&P examinations, pre-surgical psychodiagnostic and psychosocial evaluations for bariatric and transplant candidates, and evaluations to aid in diagnosis and treatment for Veterans in outpatient mental health. Provide individual and group (e.g. problem solving training, caregiver support) psychotherapy for older adults. Provide supervision to interns and fellows and serve as the primary supervisor for the Outpatient Geropsychology fellow.

<u>Theoretical Orientation:</u> Biopsychosocial, integrating biological/neurological, psychological, and contextual and social factors to inform and direct therapy through a variety of therapeutic approaches including cognitive-behavioral and dialectical strategies, motivational interviewing, and mindfulness-based techniques

<u>Interests:</u> Geropsychology; health, disability, diagnostic, and psychosocial assessment; cancer survivorship; supervision; neurobiology of stress and depression Certifications: Structured Clinical Interview (SCID) for the DSM-IV

Sarah Keating, Ph.D. (Brigham Young University, Clinical Psychology, 2015).

<u>Team Leader, Individualized Addictions Consultation Team (I-ACT):</u> Conduct diagnostic interviews, individual therapy, case management, and group therapy to dually diagnosed Veterans residing in both a residential treatment facility and on an outpatient basis.

Cheryl Kinsman, Ph.D. (Loyola University, Counseling Psychology, 1994).

<u>Program Manager, Outpatient Mental Health Clinic:</u> Supervise staff and develop clinical programming within the Outpatient Mental Health Clinic. Serve as the medical center's Evidence-Based Psychotherapy Coordinator. Supervise psychology interns.

Theorectical Orientation: Cognitive-behavioral, family systems

<u>Interests:</u> Treatment of mood disorders, trauma, addiction, relational problems, psychotherapy outcome research

Certification: Marriage and Family Therapy

<u>Academic Affiliation:</u>Adjunct Instructor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

Nancy Krueger, Ph.D. (Rosalind Franklin University, Clinical Psychology, 2006).

<u>Palliative Care, Inpatient Rehabilitation, Community Living Center (CLC):</u> Responsible for consultation, program development, assessment, treatment planning, and intervention on selected units in the CLC (long-term care, palliative care, and inpatient rehabilitation), including supervision of psychology postdoctoral fellows and Interns.

<u>Theoretical Orientation:</u> Cognitive Behavioral <u>Interests:</u> Health Psychology, palliative care

Sadie Larsen, Ph.D. (University of Illinois Urbana-Champaign, Clinical/Community Psychology 2011). Outpatient Mental Health Clinic/Medical College of Wisconsin (MCW): Provide individual and group psychotherapy within the general outpatient mental health clinic. Provide services to individuals who have experienced military sexual trauma (MST) as part of the MST Support Team. Co-facilitate groups in the Outpatient Addictions Treatment program (Seeking Safety and Cognitive Therapy). Provide outpatient individual psychotherapy at the Medical College of Wisconsin. Conduct research.

<u>Theoretical Orientation:</u> Primarily Cognitive-Behavioral, drawing on Acceptance and Commitment Therapy, Mindfulness, and Dialectical Behavior Therapy

<u>Interests:</u> PTSD, anxiety disorders, gendered violence (e.g., military sexual trauma, domestic violence, childhood sexual abuse)

Certifications: Cognitive Processing Therapy for PTSD

<u>Academic Affiliation:</u> Assistant Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

Eric Larson, Ph.D., ABPP-CN (University of Cincinnati, Clinical Psychology, 2002).

<u>Neuropsychology:</u> Conduct neuropsychological assessment with outpatient and inpatient Veterans. Supervise fellows, interns, and students. Serve as psychologist within the Oupatient Geropsychiatry Clinic, providing supervision to the Outpatient Geropsychology fellow.

Theoretical Orientation: Cognitive behavioral, neuropsychology

<u>Interests:</u> Memory; dementia; how a person's ability to recognize, or fail to recognize, their own cognitive decline relates to their mood and symptoms of dementia; the interaction between symptoms of dementia and PTSD; decisional capacity

**Certifications:** Board Certified in Clinical Neuropsychology

<u>Academic Affiliation:</u> Associate Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

William G. Lorber, Ph.D. (University of Connecticut, Clinical Psychology, 2006).

<u>Outpatient Postdeployment Mental Health/PTSD Clinical Team:</u> Provide psychotherapy in group, individual, couples and family settings. Conduct research investigating Veterans' psychological functioning. Provide supervision of psychology interns.

<u>Interests:</u> Treatment of PTSD, emotion regulation, the impact of traditional masculine gender role norms on men's mental health

*Mindy Marcus, Ph.D.* (University of Texas, Educational Psychology with focus on Human Development, Personality and Social Psychology, 1998; Marquette University, Respecialization in Counseling Psychology, 2004),

Outpatient Postdeployment Mental Health/PTSD Clinical Team: Provide psychotherapy in group, individual, couples and family settings to Veterans with PTSD from combat trauma and/or sexual trauma from any phase of life including military sexual trauma. Provide supervision of psychology interns and postdoctoral fellows.

<u>Theoretical Orientation:</u> Integrative, largely based on psychodynamic, interpersonal process, and cognitive behavioral theories (CBT). Patient-centered integration of interpersonal process, CBT, Cognitive Processing Therapy (CPT), Eye Movement Desensitization and Reprocessing (EMDR), and Prolonged Exposure with importance placed on the relationship and a holistic perspective that includes the body/physiology as one avenue of treatment.

Certifications: CPT for PTSD, formally trained in EMDR

Patrick W. Martin, Ph.D. (St. Louis University, Clinical Psychology, 1999).

<u>Team Leader, Outpatient Postdeployment Mental Health/PTSD Clinical Team:</u> Provide individual and group therapy. Provide supervision of psychology interns and medical residents.

Theoretical Orientation: Integrationist with leaning toward process oriented therapy

Interests: Vulnerability and resiliency, well-being; sport psychology; emotion regulation

<u>Certifications:</u> Prolonged Exposure for PTSD

<u>Academic Affiliation</u>: Provide teaching and supervision for the Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

Rebecca Mayor, Ph.D. (Marquette University, Counseling Psychology, 2011).

Outpatient Mental Health/Pain Self-Management & Rehabilitation: Complete psychological assessments. Provide individual and group psychotherapy and psychoeducation. Collaborate with other disciplines on co-treatment and multi/interdisciplinary program development. Provide consultation.

<u>Theoretical Orientation:</u> Integrative, Cognitive-Behavioral, Humanistic; primarily provide cognitive-behavioral therapy, cognitive therapy, acceptance and commitment therapy, motivational interviewing, relaxation training

<u>Interests:</u> Rehabilitation Psychology, Health Psychology, PTSD/polytrauma, Pain Psychology, chronic illness, adjustment to disability, qualitative research, adaptive functioning, comprehensive multicultural counseling, treatment disparities, interdisciplinary care

**Certifications:** Cognitive Processing Therapy for PTSD

Stephen E. Melka, Ph.D. (Southern Illinois University, Clinical Psychology, 2011).

<u>Team Leader, OEF/OIF/OND Postdeployment Transition Program, Domiciliary Residential Rehabilitation and Treatment Program (DRRTP):</u> Complete administrative functions as Team Leader of a residential rehabilitation program for Veterans returning from deployment to Iraq or Afghanistan. Provide individual and group psychotherapy, assessment, and consultative services.

Theoretical Orientation: Cognitive-behavioral, Existential

<u>Interests:</u> Traumatic stress, anxiety, and substance use disorders, emotion regulation Certifications: Cognitive Processing Therapy for PTSD, Problem-Solving Training

Alison J. Minkin, Ph.D. (Colorado State University, Counseling Psychology, 2006).

<u>Primary Care-Mental Health (PC-MH) Integration:</u> Serves as psychologist assigned to PC-MH Integration team, providing brief assessment, brief psychotherapy, and consultation for Veterans in a primary care setting. Coordinate interprofessional PC-MH integration training program and serve as major preceptor for the psychology PC-MH postdoctoral fellow. Supervise psychology interns in both HBPC and PC-MH Integration.

<u>Theoretical Orientation:</u> Cognitive-Behavioral, Interpersonal Process Interests: Geropsychology, motivational interviewing, dementia

Jamie Noffsinger, Psy.D. (Illinois School of Professional Psychology, Clinical Psychology, 2008).

<u>Acute Inpatient Mental Health:</u> Facilitate groups and individual psychotherapy. Conduct psychological and personality assessment..Provide consultation in the Emergency Department on an intermittent basis.

<u>Theoretical Orientation:</u> Integrative, primarily cognitive-behavioral Interests: Chronic severe mental illlness, Forensic Psychology

Megan Olson, Ph.D. (Washington State University, Clinical Psychology, 2007).

Outpatient Mental Health Clinic: Conduct psychological, psychodiagnostic, and cognitive assessments. Provide evidence-based individual, group, and family psychotherapy, therapy, consultation, and psychoeducation. Facilitate a cognitive skills group within the Outpatient Addictions Treatment (OAT) program and an Acceptance and Commitment Therapy (ACT) for depression group. Supervise predoctoral interns and post-doctoral fellows.

<u>Theoretical Orientation:</u> ACT, Behavioral Activation, elements of Cognitive Behavioral Therapy <u>Interests:</u> Health Psychology, addictions, mindfulness based approaches to treatment Certifications: ACT for Depression

**Kathleen Patterson, Ph.D., ABPP-CN** (University of Wisconsin-Milwaukee, Clinical Psychology,1993). Neuropsychology: Conduct neuropsychological assessment with outpatient and inpatient Veterans. Provide consultation within the interdisciplinary Neurocognitive Disorders Clinic. Supervise psychology interns, fellows, and students.

Theoretical Orientation: Integrative

Interests: Neurodegenerative disorders, TBI

<u>Academic Affiliations:</u> Associate Professor, Department of Psychiatry and Behavioral Medicine with a secondary appointment in Department of Neurology, Medical College of Wisconsin; Adjunct Assistant Professor, Department of Clinical Psychology, University of Wisconsin-Milwaukee

Sandra J. Regan. Ph.D. (University of Wisconsin-Milwaukee, Clinical Psychology, 1995).

<u>Team Leader, Evidence-Based Psychosocial Rehabilitation and Education Program (EB-PREP):</u> Provide social skills training and other evidence-based psychotherapies in group, individual, and family/couples modaltities. Provide psychoeducation about mental illnesses and crisis intervention. Consult with staff from other disciplines. Supervise psychology interns and students.

<u>Theoretical Orientation:</u> Eclectic, combining cognitive-behavioral, problem-solving/skills training, motivational interviewing, family systems, recovery, and process approaches <a href="Interests:">Interests:</a></u> Serious mental illness (SMI), family therapy, recovery, substance abuse, trauma <a href="Certifications:">Certifications:</a> Behavioral Family Therapy for SMI, Cognitive Processing Therapy for PTSD

Dyani J. Saxby, Ph.D. (University of Cincinnatti, Clinical Psychology, 2011).

Emergency Department (ED) & Mental Health Urgent Care Clinic (MHUCC): Provide consultation to ED and MHUCC for Veterans presenting with psychiatric emergencies, drug and alcohol abuse, and psychological distress related to medical conditions. Determine level of care needed, coordinate referral and/or hospital admission, facilitate multidisciplinary treatment planning, and conduct decision-making capacity evaluations. Provide health and behavior interventions such as pain management counseling. Provide consultation-liaison services to medical units for psychiatric complaints or adjustment to medical conditions.

<u>Theoretical Orientation:</u> Integrative, drawing heavily upon cognitive-behavioral and multicultural approaches

<u>Interests:</u> Clinical--Health and Rehabilitation Psychology, PTSD, crisis intervention; Research--clinical impacts on driving performance.

Lynn Servais, Ph.D. (Marquette University, Clinical Psychology, 2002).

<u>Team Leader, Substance Abuse Residential (SAR) Treatment Program:</u> Develop, implement, and evalute the multidisciplinary SAR program. Provide psychosocial evaluation, diagnostic assessment, psychological testing, psychoeducation, and group and individual therapy. Supervise interns, fellows, and students. Liaise with the Domiciliary Program Manager and other VA Mental Health rehabilitation programs. Participate in domicilliary-wide improvement, monitoring, and accreditation activities as part of the Team Leader Interteam committee.

<u>Theoretical Orientation:</u> Cognitive Behavioral Therapy, Existential Psychotherapy, Acceptance and Commitment Therapy (ACT)

<u>Interests:</u> Dual diagnosis, residential addiction treatment, therapeutic communities, program development and system design, integrative treatment plans

<u>Certifications:</u> Twelve Step Facilitation, ACT for Depression, Advanced Diploma and MA in Existential Psychotherapy (Regent's College, United Kingdom)

#### Beth Shaw, Ph.D. (Marguette University, Clinical Psychology, 2009).

<u>Outpatient Mental Health Clinic</u>: Conducts diagnostic interviews, individual therapy, case management, and group therapy. Serves on the Dialectical Behavior Therapy consultation team, facilitate outpatient DBT skills groups, and provide DBT informed individual therapy. Supervise psychology interns within both the outpatient clinic and the DBT consultation teams.

Theoretical Orientation: Cognitive-Behavioral, Interpersonal

<u>Interests:</u> Addictions treatment, DBT and the treatment of borderline personality disorder, serious and persistent mental illness, mindfulness

<u>Certifications:</u> Acceptance and Commitment Therapy for Depression, Interpersonal Therapy for Depression, Social Skills Training for Serious and Persistent Mental Illness

## Samuel J. Shepard, Ph.D. (University of Iowa, Counseling Psychology, 2010).

Team Leader, PTSD Residential Treatment Program, Domiciliary Residential Rehabilitation and Treatment Program (DRRTP): Serve as the Team Leader on the interdisciplinary PTSD Residential Treatment Team. Provide diagnostic assessment, individual therapy, case management, and group therapy to Veterans with PTSD. The PTSD program emphasizes the use of evidence-based treatment, and provides either Cognitive Processing Therapy or Prolonged Exposure (PE) therapy to every Veteran. Theoretical Orientation: Cognitive-Behavioral

<u>Interests:</u> PTSD and trauma-related disorders, anxiety disorders, men and masculinity <u>Certifications:</u> PE for PTSD

## Gregory Simons, Ph.D. (Marquette University, Clinical Psychology, 2007).

<u>Suicide Prevention:</u> Provide individual, group, and couples/family therapy through outpatient mental health. Perform administrative duties including chart review and flagging, follow-up with patients at high risk for suicide, outreach, provider consultation, interdisciplinary training/education, and responding to hotline calls. Chair hospital wide suicide prevention committee. Coordinate LGBT affirmative treatments within mental health, which includes supporting transgender patients in the transition process. Involvement with the Equal Employment Opportunity (EE) LGBT Special Emphasis Program (SEP) raising awareness of diversity among VA staff through organization of presentations and other activities.

<u>Theoretical Orientation:</u> Aspiring humanist with a strong training background in cognitive-behavioral approaches

<u>Interests:</u> Suicide prevention, sexual health, LGBTQ affirmative healthcare, provider self-care <u>Certifications:</u> Cognitive Behavioral Therapy for Depression

Heather M. Smith, Ph.D., ABPP-CG (Ohio State University, Counseling Psychology, 2002).

Lead Psychologist: Serve as Lead for the discipline of Psychology at the Milwaukee VAMC and affiliated Community Based Outpatient Clinics. Responsible for the hiring, credentialing, privileging, and professional practice of the Psychology staff. Collaborate with the Director of Psychology Training to oversee the doctoral and postdoctoral training programs. Serve as major preceptor and clinical supervisor for fellows, interns, and students completing Geropsychology rotations in the Community Living Center. Provide geratric neuropsychological and decision-making capacity assessment; interdisciplinary team consultation; individual and group psychotherapy; caregiver education and support; and organizational development interventions.

Theoretical Orientation: Cognitive-Behavioral, Behavioral, Interpersonal

<u>Interests:</u> Geropsychology, training and supervision, dementia, decision-making capacity assessment, interdisciplinary team consultation, organizational development

<u>Academic Affiliation:</u> Associate Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

Karen Tucker, Ph.D. (Texas Tech University, Counseling Psychology, 1988).

<u>Health Care for Homeless Veterans:</u> Provide psychodiagnostic services and psychotherapy, determine vocational, emotional, and educational needs, and formulate and implement treatment plans for Veterans in the Health Care for Homeless Veterans program. Provide clinical supervision to Peer Support staff members. Consult to other healthcare providers in the areas of psychological assessment and psychotherapy.

Theoretical Orientation: Cognitive-behavioral, DBT

<u>Interests:</u> Trauma, emotional regulation, effective communication, coping skills, relaxation and stress management, adjustment to change and loss, borderline personality disorder, program development and administration

Matt Vendlinski, Ph.D. (University of Wisconsin-Madison, Clinical Psychology, 2012)

<u>Outpatient Postdeployment Mental Health/PTSD Clinical Team:</u> Provide individual and group psychotherapy to Veterans experiencing PTSD and common comorbid conditions including depression, substance use problems, and personality pathology. Most commonly use techniques consistent with Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Dialectical Behavioral Therapy (DBT). Theoretical Orientation: Cognitive-Behavioral

<u>Interests:</u> Trauma, LGBT-related concerns, classification of mental health problems Certifications: Cognitive Processing Therapy for PTSD

Keyona Walker, Ph.D. (Marquette University, Counseling Psychology, 2011).

<u>Community Resource and Referral Center (CRRC):</u> Administer, score, and interpret psychological assessments. Perform psychosocial evaluations. Provide consultation to other health care providers. Provide individual therapy. Provide crisis intervention.

Theoretical Orientation: Cognitive-Behavioral, Interpersonal

<u>Interests:</u> Multicultural Psychology, stress and coping, Positive Psychology, supervision <u>Academic Affiliation:</u> Adjunct Faculty Member, College of Education, Marquette University

Stacy Weber, Ph.D. (University of Alabama, Clinical Psychology, 2010).

<u>Home-Based Primary Care (HBPC):</u> Provides psychological assessment, psychotherapy, caregiver support, and staff consultation for medically frail, homebound Veterans. Participates in Vet's Club reminiscence groups as well as providing consultation to staff who encounter challenging behaviors in Veterans who attend Vet's Club.

Erin B. Williams, Ph.D. (Indiana State University, Counseling Psychology, 1997).

Operation HOPE Program Manager: Direct line authority and accountability for all aspects of the clinical care and support services provided to Veterans in Operation HOPE, a collaborative of three programs serving persons with severe mental illness, including Evidence Based Psychosocial Rehabilitation Program (EB-PREP), Mental Health Intensive Case Management (MHICM), and Veterans Recovery Resource Cenber (VRRC).

<u>Theoretical Orientation:</u> Relational Frame Theory, Acceptance and Commitment, Self-Determination <u>Interests:</u> Community inclusion and psychosocial rehabilitation for persons with severe mental illness Certifications: Certified Psychiatric Rehabilitation Practitioner

Roger D. Williams, Ph.D. (Indiana State University, Counseling Psychology, 1993).

<u>Spinal Cord Injury & Disorders:</u> Provide psychological services to Veterans with SCI in both inpatient and outpatient settings with the aim of facilitating post-injury adjustment of Veterans, their families, and caregivers. Conduct personality, psychological and neuropsychological assessments. Provide clinical supervision and consultation to staff and trainees of various disciplines, including psychology interns, practicum students and postdoctoral fellows.

<u>Theoretical Orientation:</u> Acceptance and Commitment Therapy, Family Systems Theory, Humanistic <u>Interests:</u> Neuropsychology, rehabilitation, supervision, mentoring, chronic debilitating illness/disease, coding compliance, organizational development, leadership development

<u>Certifications:</u> Certified Psychiatric Rehabilitation Practitioner, Certified Veterans Health Administration Mentor at the Fellow Level

<u>Academic Affiliation:</u> Associate Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

## **Trainees**

## Applicants have been matched to our program from the following doctoral programs:

## 2009-2010

University of Alabama (Clinical)
University of Iowa (Counseling)
Illinois Institute of Technology (Clinical)
Marquette University (Counseling)
Southern Illinois University (Counseling)
Texas Tech University (Counseling)

#### 2010-2011

Ball State University (Counseling)
Marquette University (Counseling)
Purdue University (Counseling)
Southern Illinois University (Clinical)
Southern Illinois University (Counseling)
University of Wisconsin-Madison (Clinical)

#### 2011-2012

University of Iowa (Counseling)
Marquette University (Clinical)
University of Minnesota (Counseling)
University of Wisconsin-Madison (Clinical)
University of Wisconsin-Madison (Counseling)
University of Wisconsin-Milwaukee (Clinical)

### 2012-2013

University of Alabama (Clinical)
University of California-Berkeley (Clinical)
Illinois Institute of Technology (Clinical)
Marquette University (Clinical)
Purdue University (Counseling)
Virginia Commonwealth University (Counseling)

#### 2013-2014

University of Alabama (Clinical)
Brigham Young University (Clinical)
University of Iowa (Counseling)
Long Island University – Brooklyn Campus (Clinical)
Marquette University (Clinical)
Pacific Graduate School of Psychology (Clinical)
University of Wisconsin-Milwaukee (Clinical)

#### 2014-2015

Boston College (Counseling)
University of Indianapolis (Clinical)
University of Minnesota (Clinical)
PGSP –Stanford Psy.D. Consortium (Clinical)
Roosevelt University (Clinical)
Spalding University (Clinical)
University of West Virginia (Clinical)
University of Wisconsin-Milwaukee (Counseling)

#### 2015-2016

University of Detroit Mercy (Clinical)
Drexel University (Clinical)
University of Iowa (Counseling)
Miami University (Clinical)
Purdue University (Counseling)
Rosalind Franklin University (Clinical)
University of Utah (Counseling)
Wayne State University (Clinical)

Of the last forty interns to complete the program, thirty-eight went on to postdoctoral fellowships, and 2 accepted VA staff positions. Twenty-four of the 40 currently are currently employed as VA psychologists, and 7 are currently completing VA postdoctoral fellowships.

## Local Information

Milwaukee is located on the western shore of Lake Michigan, approximately 90 miles north of Chicago. The four county metropolitan Milwaukee area has a population of more than 1.5 million people. Milwaukee is a diverse community offering a wide variety of leisure and recreational activities. The Discover Milwaukee website ( <a href="www.discovermilwaukee.com">www.discovermilwaukee.com</a>) provides a description of much of what the community has to offer.